

Apricot Glazed Chicken

INGREDIENTS:

- 1/2 cup apricot preserves
- 1 Tbsp tomato paste
- 1 Tbsp apple cider vinegar
- ½-1 cup chopped onions
- 1 tsp Spike
- 6 frozen chicken breasts (not thawed)

PREPARATION:

Mix the first 5 ingredients together. Place chicken in Crock Pot and cover with apricot mixture. Cook on low 5 to 6 hours.

Serve with wild rice, broccoli with almond slivers, and cucumber dill salad
Serves 6.