

Sweet-heart Treats  
By Rodica

Mix together:

1 cup tahini  
1/2 cup raw honey  
2 t vanilla

Mix together:

1/2 cup grated coconut  
1 cup raisins  
4 T raw carob powder

optional: 2 t Alpha Sun - 12 capsules (wild blue green algae)  
2 t Omega Sun - 12 capsules

- Combine the 2 mixtures together. Refrigerate if too sticky.
- Form into balls and roll in coconut or carob powder.
- Refrigerate and can be frozen.

-total serving: 100 balls