

## Wisked herb salad dressing

With a wisk, mix together:

-1-2 Tbsp of honey

-2 Tbsp Apple cider vinegar

-2 Tbsp finely chopped onions

-lots of fresh or dried herbs - I use dried Rosemary (1/2 tsp) and Dill (1 tsp)

-1/2 cup oil- 50% flax, 50% walnut or olive

-a shot of Bragg's liquid aminos (approx 1 tsp)

-one tsp of Dijon mustard is optional for those who enjoy the Grey Poupon flair

This dressing will also keep for several days in the fridge!